

Camp Standards and Rules

1: To build relationships with Heavenly Father and Jesus Christ

- Invite the Spirit into Camp by living all of the standards in the *For the Strength of Youth* pamphlet.
- Keep the Word of Wisdom. All medications must be left with the nurses for administration.
- Dress consistently with Church standards. Please bring only modest clothes to Camp.
 - NO shorts, sleeveless shirts, tank tops, or bare midriffs
 - Wear modest swimsuits
 - For your safety, wear closed-toe shoes [no sandals, flip-flops (except in showers)]

2: To build relationships with other young women and leaders in the gospel

- Build friendships with other girls and leaders by treating **everyone** with respect and kindness.
 - Do not cause anyone harm, hurt feelings, OR extra work (pranks often cause personal injury, hurt feelings, and/or mess or damage). Try doing secret acts of kindness instead of pranks! Do not participate in any form of bullying. Make a special effort to be a friend to those who are shy or lonely, have special needs, or do not feel included.
 - Use language carefully – no swearing, gossiping, put-downs, lying, or speaking of immodest or inappropriate subjects.
 - Never touch another person’s belongings without her permission. Also, remember you are responsible for everything you bring. Leave unnecessary valuables at home.
- Respect other people’s personal space. Beds, showers, restroom stalls and other similar areas are private spaces and are **not to be shared**. Showing respect for others feelings includes ceasing any behavior as requested by a camp leader. Keep the church standards both in public and in private.
- For safety and friendship, be with at least one camp buddy at all times. Do not leave Camp unit or property without permission from adult camp leader.
- Cooperate with adult leaders and follow their instructions and guidance.

3: To build knowledge, skills, and appreciation of nature

- Enjoy and protect the natural setting of Camp. Try to leave Camp better than you found it (no damage to camp facilities or natural environment). Follow Camp safety rules and practices, including no food in sleeping areas (food attracts animals); no candles or fires except in designated Forest Service fire areas.
- Follow Camp’s policy of only live music. We welcome instruments and singing voices. Leave all electronic devices at home (such as cell phones, iPods, handheld games, etc.).
- Quiet time is from 10 pm – 6 am, so please keep noise to a minimum during those hours. Curfew starts at 11:00 pm, and we expect everyone to stay in your tent until “rise & shine.”

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